



EXTENSIONS

June 2008

Virginia Dressage Association, Inc., Charlottesville Chapter

Volume 20, Issue 6

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June's Calendar...

The 10th - Monthly meeting @ Vinny's Grill

The 21st - Helen George Clinic @ Wavertree Stables Farm

Advertising Rates for EXTENSIONS

Full-page ad	\$15.00/issue	\$150/year
½ page ad	10.00/issue	100/year
¼ page ad	7.50/issue	75/year
Business Card	5.00/Issue	50/year
Classified ad	5.00/Issue	50/year

There is no charge to VADA-CH members for classified ads or business cards which run for two months and must be renewed. Advertising deadline is the 25th of each month.

Any advertisement that includes pictures must be camera-ready. Preferred medium is jpeg sent via email:

vadvirag8@gmail.com

I receive a LOT of mail and ads may get misplaced with show entries.

Please make checks payable to VADA-CH and mail to the Treasurer, ads will not be run until payment is received.

Sherri Booye 721 Lake Rd Troy VA 22974

Presidents Message June 2008

Hi Everyone,

I hope you are all enjoying this lovely Spring, it's been a bit wet this side of the mountains, but if it does mean that we should get a decent hay crop this year, which will help no-end with horse feed costs.

We have had two of our planned events, we had a very successful Alexander Technique clinic with JoAnn Widner (fuller report later in this newsletter), and we had an excellent talk from Dr Martha Mellish on Equine Gastric Ulcer Syndrome. We have also had two of our schooling shows for the year, and they were reportedly very successful and we even made a little bit of money for the club, many thanks to the show organizers and hosts of those two venues, Toadhollow and Wolftrap Farms.

At the end of May we have the Brian Ross Clinic reportedly full and with a wait list.

On June 21st we have a clinic with Helen George, this clinic still has space for riders, so if you missed your chance in the Brian Ross clinic sign up for the Helen George one. Helen is an excellent teacher and is very kind and patient so if you are inexperienced or new to dressage Helen would be an excellent clinician for you.

In July or August we will have another evening with which is planned to be a talk by Drs Mellish and Worth on Laminitis, Facts and What to do to prevent it and how to deal with it if it should happen to your horse! This will be at Linda Sommer's house and will involve a pot luck.

In August we have the Adult Team Challenge, a team competition at a new venue (for us) called Commonwealth Park in Culpeper Virginia. Some of you might remember Commonwealth Park from years back when it hosted events and jumper shows. There have been new footing put in the rings and the stabling has been refurbished. The rings have shade

trees around them and it is a lovely setting for a show. Plus this show is not a licensed show so you don't have to deal with all the hassle and paperwork of a USDF/USEF licensed show, it should be fun and very social. If you can't ride do come and join in the activities as a volunteer or as a spectator/support for a rider.

In September we have our Twin Shows at Rosemont again, another low key fun show but this time licensed so you can get those scores and points. Another full and busy summer ahead of us. I hope to see some of you at the various shows and events. Enjoy your riding.

Yours
Melyni



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Wonderful Dressage Horse for 1/2 Lease
Located in the Stony Point area of Albemarle County. Is a wonderful, kind, safe, big Third Level School Master. His owner wants to spend more time with her family and is looking to 1/2 lease this outstanding horse to someone who is interested in learning the true meaning of Dressage. Great opportunity!!! Contact Robin Silke 434-964-1696



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email: erin@dressage.cc

Hilton Farm: (540) 672-2498

2008 VADA-CH Board Members

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Melyni Worth
540-942-4500

Melyni@thorlaser.com

Vice President:

Nancy Lowey
nlowey@rocketmail.com

Secretary:

Mary Lou Goings
marylouwatt@hotmail.com

Treasurer/Membership:

Sherri Booye
434-589-1851

nizra@earthlink.net

Newsletter:

Bettina Longaker
vadvirag8@gmail.com

State Board Members:

Cindy Aspden
434-242-2093

Sarah Kern
sarahkern@embarqmail.com

Bettina Longaker
vadvirag8@gmail.com

WANTED by this NEWSLETTER....

Reproducible quality photos of Chapter Members (jpeg)

Reproducible quality and LEGAL sketches of Dressage horses (jpeg)

Email to: vadvirag8@gmail.com

Any image may be published on www.VADACH.org

Minutes of May 20, 2008 Meeting

Attendees: Melyni Worth, Martha Mellish, Erin Sweeney, Sherri Booye, Tina Longaker, Nancy Lowey, Beth Jandl, Sandra Aldrich, Linda McMahon, Jan Templeton, Lauren Forestall, Amy Gadsden, Carter Bass, Catherine Kern, and Sarah Kern

Approval of the minutes from the last meeting was skipped since the Secretary was not present.

Treasury Report – Current balance is \$7,773.12. Only debts that have not yet been paid are for the latest membership dues to USDF and VADA totaling \$60, since payments are only sent to VADA about every 10 days.

The Treasurer received the checks for the Brian Ross clinic from Amy Gadsden tonight, and they will be

deposited in the next few days.

The first two schooling shows have been held and they both made money. The Wolftrap show netted \$333 after expenses, and the Toad Hollow show netted \$606 after expenses.

Both shows were well attended and the exhibitors said they enjoyed the shows. The first prize towels were very popular at the Wolftrap show but ribbons were more popular at the Toad Hollow show.

Membership is currently at 84 members.

Tina discussed state issues. There was no April meeting. The next is set for June and will start pressing for BLM volunteers. Also noted that we need to get our entries in for the Adult Team show at Culpeper in August. The top level test will be ridden for the lower level team tests but at the upper levels it is stepped down.

Nancy Lowey noted that she has been talking to the managers of the Culpeper show grounds about the conditions of the facility. They are willing to do many things to make it nicer. Things such as cleaning the office, mowing, checking the roofs of the stalls for holes, etc.

The two upcoming clinics were discussed next. The Brian Ross clinic on May 31 has been filled and has nine riders. They still have some paperwork to get from some riders but it is moving along. Sandy Aldrich and her husband David will be providing and running the sound system for the clinic.

The Helen George clinic on June 21 only has one rider signed up so far. We need to get the word out that this clinic is still open and encourage attendance. It was suggested we contact ShenVADA about this clinic since it is close to them physically.

Melyni was requested to write up a story on the Alexander Technique clinic held on May 11th. She will submit it to Tina for the newsletter.

The licensed twin shows were the next topic of discussion. Fredericksburg wanted to know if we want to share an "S" level judge and we said no, since the FEI level riders need separate judges to obtain qualifications for various competitions. We also told them that we did not want to do a Spring show. We just don't have the volunteer power for a second show.

We are still confused about whether Fredericksburg is willing to move with us to the Culpeper facility for the 2009 show. Nancy stated that there is a meeting about the youth team competition coming up and she will bring this

issue up for discussion when she and the Fredericksburg people can talk face to face, since email and phone are not getting the question resolved.

Finally, the scholarship program was mentioned. Five people so far have submitted for the lower level scholarships, and 2 people for the upper level scholarship.

We will remind people that the cut off date for the submissions is June 20 and that they have to have their volunteer requirements met by then as well. Since we are having a clinic on the 21st we will let volunteers use that for qualifying for the 2008 scholarships if they have not yet met their requirements.

The meeting was adjourned and the talk on ulcers by Mr. Martha Mellish commenced.

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VADA-CH Alexander Technique Clinic

On a wet and cool Sunday several of us met at Sherri Booye's house in Troy for our first introduction to the Alexander Technique. The un-mounted clinic was taught by Jo Ann Widner RN, MS who is an Alexander Technique practitioner based in Richmond.

We had a short history of the Alexander Technique and an introduction to the man it is named after. Then we learnt about the way that the technique has helped stage performers and others to reduce the effects of stress and poor posture on their bodies.

Jo Ann had us all explore the ways in which our bodies are connected and how the various parts interact.

Then we did some exercises to help become more aware of the various parts and how to improve the interconnection between them. We practiced various ways of changing posture and movement to improve balance and to reduce the stress and tension we all live with all the time.

Jo Ann had brought a small wooden horse for us to sit

on so that we could learn about the interconnection of body parts while sitting on a horse. Then we got to work at an exercise to improve riding position and to help us while riding.

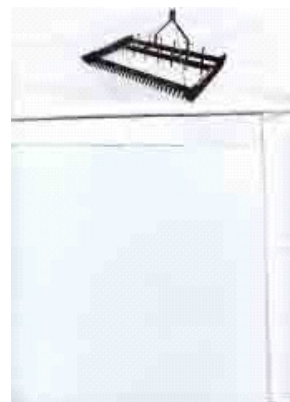
The clinic was about 3 hours long and was fun and informative. Sherri had organized lunch so we got to do some socializing as well. There is definitely a lot that the AT can do to help riders, especially dressage riders, improve position and body awareness.

It would be nice to do a longer clinic at sometime and to include more of the exercises while mounted so we could learn the carry over.

For anyone interested in pursuing some training in AT, contact Jo Ann Widner RN, MS 804-559-7644 or email : informAT@jowidner.com web site: www.jowidner.com

Erin tells us that there is also an AT practitioner in Orange, but I forget the name, so you need to ask Erin Sweeney for her contact info.

Respectfully submitted
MW



Handozer EQ - Handozer equestrian arean drag is designed to be user friendly and to prepare the best possible footing for your riding arena. It fluffs, levels and grooms to the level you desire. It comes with a three point hitch and can be towed with very small tractors. In new condition. Cost \$1170, will sell for \$795. Will deliver. 540-948-6629.

VADA Charlottesville
presents an outstanding clinic with
Helen George

June 21, 2008 at Wavertree Hall Stables, Afton, VA.

VADA Charlottesville proudly presents a clinic with its own chapter member Helen George.

Helen is a USEF "r" judge who has trained through Grand Prix and shown through Intermediare I. She holds numerous local, state, and national awards including VADA State FEI Freestyle Champion.

A graduate of Averett College with a BS in Equine Science and BHSAI, her exposure to eventing in college sparked an interest in and love for dressage.

Helen teaches upper and lower level riders and is pleased to work with different breeds of horses. She believes one of the great attractions of dressage is the perpetual opportunity to learn and improve.

In 2008 She is working toward the Prix St. Georges debut of TB gelding "Somethingtoharbor" and the Training Level debut of her homebred youngster "Shrek".

Cost: \$40 per 45 minute session VADA Ch Members
 \$60 per 45 minute session non-VADA CH Members

Clinic Information and Registration contact:
Erin Sweeney (434) 960-6867 erin@dressage.cc

Host Facility: Wavertree Hall website www.wavertreehall.com



Helen and Shrek

**VADA Charlottesville Clinic with Helen George June 21, 2008
At Wavertree Hall Stables, Afton, VA**

Rider Application

RIDER INFORMATION

Rider Name _____
VADA Charlottesville Member ____yes ____no
Address _____

Phone _____
E-mail _____
Current regular instructor _____
Other instructors you have previously worked with

HORSE INFORMATION

Horse's Name _____
Breed _____
Age _____ Height _____ Color _____
Sex (Mare, Gelding, Stallion) _____
Sire _____
Dam _____
Owner's Name (if different than rider)

ALL FEES AND COPY OF CURRENT COGGINS TEST WILL BE DUE UPON SUBMISSION OF RIDER APPLICATION

LIABILITY RELEASE AND ACKNOWLEDGMENT OF FINANCIAL

I understand that the Virginia Dressage Association, Charlottesville Staff, clinic organizers, volunteers, clinician, facility, facility staff, hosting organization, sponsors or anyone acting on their behalf are not responsible for accidents, damage, injury or illness to the horses, riders, spectators, or any other person in connection with this clinic. By signing this form, I agree to abide by all USEF/USDF/VADA rules and fulfill all financial commitments related to this clinic. **Regardless of any agreements between the rider and the horse's owner, the rider, as the clinic participant, is ultimately responsible for paying all applicable fees to VADA-CH.**

Rider's Signature - Date

Please send completed application and check payable to VADA CH to:
Erin Sweeney
15235 Madison Run Rd
Gordonsville, VA 22942

The USEF Dressage Committee has released a new draft of the Dressage Performance Standards Proposal for review and feedback from USDF and USEF members. This new proposal would establish a qualification process for competing at Fourth Level and above at USEF-licensed/USDF-recognized Dressage Competitions. The proposal would become effective on December 1, 2010 for the 2011 competition year.

The USEF Dressage Committee invites USDF members to review the new draft posted on the USEF Web site, then log-in through the USEF Web site to fill out an online survey, by June 15, 2008. This survey will be used to collect member feedback and comments which will be reviewed by the Dressage Committee at their July 1-2 meeting.

USDF encourages our members to participate in the survey and provide input. All members are welcome to participate in the survey. It is particularly important for member representatives such as you to weigh in through the formal feedback process that has been established by USEF. Please discuss the Dressage Performance Standards Proposal within your GMOs, your regions, and your councils and committees. There will be a further formal discussion opportunity at the Adequan/USDF Annual Convention, December 3-7, 2008 in Denver, CO.

Please visit this http://www.usef.org/_IFrames/breedsDisciplines/discipline/allDressage/natdressage.aspx for more information, and click on the "Dressage Performance Standards Proposal" icon.

Good Links for VADA-CH Dressage riders to know:

<http://www.USEF.org> - United States Equestrian Organization

<http://www.USDF.org> - United States Dressage Federation

<http://www.virginiadressage.org> - Virginia Dressage Association

<http://www.vadach.org> - VADA-CH

<http://www.CBLM.org> - Colonel Bengt Ljunquist Memorial Finals

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Sponsorship Opportunities for Licensed Twin Show September 14, 2008

Rose Mount Farm, Spotsylvania

Deadline August 16th for Class Sponsorships and Advertisements

Class Sponsorship Opportunities

- Class sponsorships - \$35.00
- High Score - \$50.00
- Vendor Opportunities – Free with purchase of Half page Ad - \$75.00

Name (as it should appear in program) _____

Your name _____

Address _____

Phone _____ Email _____

Sponsor Coordinator

Gardy Bloemers. E-mail- gardy@gardybloemers.com
6486 Hillsboro Ln
Crozet VA 22932-3322

Advertising

- Front or back inside cover - \$125.00
- Whole page - \$100.00
- Half page - \$75.00
- Quarter page - \$50.00
- Business card - \$35.00



All ads should be camera ready and sent to Gardy Bloemers at the above addresses- either in print or in an e-mail. Please send your check to Gardy with the ad or on the day you e-mail it to her. No ads will be used in our Twin Shows multi-day program if no check is received by August 16.

We thank you for your support to the VADA-Ch chapter and the sport we love!

*VADA - CHARLOTTESVILLE CHAPTER
DRESSAGE SCORE REPORT FORM*

Rider _____ Show _____

Horse	Level	Test	Total Points	Percentage	Judge

Show Secretary/Manager's Signature _____

Note: Submit this form within 45 days of the show date to Amy Gadsden, Awards Coordinator, P.O. Box 111 Rochelle, VA, 22738

*VADA - CHARLOTTESVILLE CHAPTER
DRESSAGE SCORE REPORT FORM*

Rider _____ Show _____

Horse	Level	Test	Total Points	Percentage	Judge

Show Secretary/Manager's Signature: _____

Note: Submit this form within 45 days of the show date to Amy Gadsden, Awards Coordinator, , P.O. Box 111 Rochelle, VA, 22738

VADA-Charlottesville Schooling Show at Toad Hollow Results**Judge: Tristin Hardy****May 17, 2008**

Rider	Horse	Score	Percentage	Placing
<u>Intro A</u>				
Lori Allhouse	Don Diego	132	66.0%	1
Chaney Detmer-Lillard	Havannah	131	65.5%	2
Jeannette Tuck	Rory's Spring Breeze	129	64.5%	3
Eileen Kenney	Mighty Himself	127	63.5%	4
Jamie Hemp	Twister	126	63.0%	5
Debra Bliesner	O Jackie	126	63.0%	6
<u>Intro B</u>				
Jeannette Tuck	Rory's Spring Breeze	132	66.0%	1
Chaney Detmer-Lillard	Havannah	131	65.5%	2
Lori Allhouse	Don Diego	129	64.5%	3
Debra Bliesner	O Jackie	124	62.0%	4
Jamie Hemp	Twister	122	61.0%	5
<u>Novice Test A</u>				
Chuck Meeham	Chuck Taylor	125	62.5% (37.5% Penalty)	1
Riff Blair	Beau Amigo	123	61.5% (38.5% Penalty)	2
<u>Beginner Novice A</u>				
Chaney Detmer-Lillard	Goodnight Gracie	119	62.6% (37.4% Penalty)	1
<u>Beginner Novice B</u>				
Chaney Detmer-Lillard	Goodnight Gracie	129	64.5% (35.5% Penalty)	1
Annie Goeke	Comet	127	63.5% (36.5% Penalty)	2
<u>Training Test A</u>				
Chuck Meeham	Chuck Taylor	126	63.0% (37.0% Penalty)	1
<u>Third 1</u>				
Thorsten Kramer	Ocita	257	65.9%	1
<u>Training Level Test 1</u>				
Anne Aloï	Rubio	159	69.1%	1
Joseph Flanigan	Freewill	157	68.3%	2
Riff Blair	Beau Amigo	144	62.6%	3
Hollyn Mangione	Tax Dance	143	62.2%	4
<u>Training Level Test 2</u>				
Hollyn Mangione	Tax Dance	181	64.6%	1
Julia Reynolds	Bernstein	173	61.8%	2

Training Level Test 3 Senior

Karen Rice	Chenango	166	66.4%	1
Joseph Flanigan	Freewill	159	63.6%	2
Beth Marcinko	Sterling Castle	149	59.6%	3
Sherri Booye	AF Rebel Leader	144	57.6%	4

Training Level Test 3 Jr.

Morgan Booth	Miss Sophistication	163	65.2%	1
Julia Reynolds	Bernstein	161	64.4%	2
Annie Goeke	Comet	144	57.6%	3

Freestyle

Morgan Booth	Miss Sophistication	157.5	65.6%	1
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Training Level Test 4

Morgan Booth	Miss Sophistication	160	64.0%+	1
Karen Rice	Chenango	160	64.0%	2
Hollyn Mangione	Tax Dance	158	63.2%	3

First Level Test 1

Holly Newman	El Paso De La Mouche	190	63.3%+	1
Jennifer Sheltra	Oscar	190	63.3%+	1
Karen Rice	Chenango	190	63.3%	3

First Level Test 2

Holly Newman	El Paso De La Mouche	247	68.6%	1
Jennifer Sheltra	Oscar	230	63.9%	2
Sherri Booye	AF Rebel Leader	221	61.4%	3

Third Level Test 3

Hannah Darnell	Rhumba	233	59.7%	1
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First Level Test 3

Holly Newman	El Paso De La Mouche	227	69.9%	1
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Thank you Anne Sutherland and Renee Shifflett and all of your wonderfur volunteers who made this show happen!

Do you own a Schleese saddle?

Would you like them to stop by here on the way to one of their venues in July?

If we can get enough people interested, they will stop in the Charlottesville area.

They are planning on being here July 21-22.

Contact Sherri Booye if you are interested (nizra@earthlink.net)

**APPLICATION FOR 2008 SCHOLARSHIP DRAWING
VADA – CHARLOTTESVILLE CHAPTER**

Name: _____

Address: _____

Phone No. _____

Member No. _____

Level for which Applying (Circle One):

Third Level or Below

Fourth Level and Above

Must be submitted by June 20, 2008 to:

Sherri Booye, Treasurer, VADA
721 Lake Road
Troy, VA 22974



2008 USDF ADULT TEAM COMPETITION

The Virginia Dressage Association is seeking competitors for the USDF/State Line Tack Region 1 Adult Team Competition, which is being hosted by the Virginia Dressage Association in Culpeper, VA on August 2-3, 2008. VADA would like to field teams at Intro through Fourth Level, and FEI Test of Choice. Both professionals and amateurs are eligible to compete. To encourage participation and help defray costs, VADA will pay the team entry fee (one team at each level). Team members are responsible for transportation, lodging, and stabling costs, though teams are encouraged to trailer together and find sponsors to defray competition expenses. There is a competitors' party on Saturday night, and which all team riders are encouraged to attend. If riders choose to ride a MFS, they are responsible for covering the entry fee for that class.

Applicants should provide 4 scores from the level at which the competitor wishes to ride or the next higher level using the attached form. While we would like to have competitive teams at each level, we would also like representation from all of VADA's chapters, so we have not required a minimum average score in order to submit a team application. In addition, to encourage broad participation in this fun team (schooling) show, we invite riders who have not recently competed to apply. If you do not have scores to submit, please send any information you have (i.e., videotapes, score sheets from Fix-A-Test clinics) to show that you are able to ride at the level for which you are applying.

The competition will include musical freestyles, so please indicate whether you would like to compete in the freestyle class. Note that a freestyle may be entered at the same level as the team ride or one level below. Riders are responsible for paying the entry fee for the MFS class.

Please submit applications, and negative Coggins, by **June 15, 2008** to Team

Coordinator Wendy Murray, 124 Rockland Terrace, Suffolk, VA 23434.

Competitors will be notified by July 1 if they have been selected to represent VADA at the team competition.

For more information about the competition, please refer to the VADA website

(www.virgniadressage.org). If you have any questions regarding the VADA teams, please contact Team Coordinator, Wendy Murray at 757-328-3700, vablond25@aol.com.

**The VIRGINIA DRESSAGE ASSOCIATION
is seeking team competitors for the
USDF ADULT TEAM COMPETITION
Hosted by the Virginia Dressage Association
August 2-3, 2008
Commonwealth Park
Culpeper, Virginia**

Teams include Introductory Level through FEI, plus Musical Freestyle. VADA will pay entry fees for all team members (excluding MFS class). Riders are responsible for transportation to the show and stabling costs. Amateurs and professionals welcome. *Successful applicants will be notified by July 1, 2008.*

Please complete the form below (include 4 scores from the level at which you seek to compete or the next higher level). If you have not competed your horse, please send whatever information you have that shows your ability to compete at the level for which you are applying. **Please send application, with negative Coggins, by June 15, 2008** to:

Wendy Murray
124 Rockland Terrace
Suffolk, VA 23434
757-328-3700
vablond25@aol.com

For more information about the competition, please see the VADA website, www.virgriadressage.org.

Name of rider: _____
Address: _____
Phone: _____ Email: _____
Name of horse: _____
Team Level: _____ Freestyle ____ no ____ yes _____ level

<i>SHOW</i>	<i>DATE</i>	<i>TEST</i>	<i>SCORE</i>

Virginia Dressage Association, Charlottesville Chapter

2008 MEMBERSHIP FORM

VADA is a USDF Group Membership Organization and all members are automatically USDF Group Members

Name: _____

Address: _____

City, State, Zip: _____

I join VADA-CH in their activities and programs totally at my own risk. I understand that neither VADA, its chapters, nor individual Board members (of the chapter or VADA) accept responsibility for accidents, damage, injury, or illness to horses, riders, owners, spectators, or any persons or property.

Signature(s):

Home Phone: _____ Facsimile No.: _____

Work Phone: _____ E-Mail Address: _____

Membership Type (check one): Renewal _____ New _____

_____ Senior \$ 45 (Over 18) _____ Family (2) \$ 55

_____ Junior \$ 40 (18 years and younger) _____ Family (3) \$ 65

_____ _____ Family (4) \$ 75

_____ Affiliate \$ 20 (A person who belongs to another chapter and wishes to be affiliated with VADA-CH. Please indicate your Primary Chapter - _____)

Additional Family Names: _____

USDF No(s). (**Required by USDF**): _____

PLEASE BE SURE TO PROVIDE ALL INFORMATION SO WE CAN GIVE ACCURATE DATA TO USDF

Volunteer Information

Please indicate your areas of interest:

<input type="checkbox"/> Show Secretary	<input type="checkbox"/> Show Scoring	<input type="checkbox"/> Newsletter
<input type="checkbox"/> Show Manager	<input type="checkbox"/> Show Program	<input type="checkbox"/> Awards
<input type="checkbox"/> Show Scribe	<input type="checkbox"/> Show Runner	<input type="checkbox"/> Clinics
<input type="checkbox"/> Other: Please describe		

Membership runs from December 1 through November 30.
Please complete this form and mail it with a check payable to VADA-CH to:

Sherri L. Booye 721 Lake Road Troy, VA 22974

VADA-CH Extensions
8246 Open Gate Rd
Gordonsville VA 22942



June Events

VADA-CH Monthly Meeting
June 10th, 7 PM @ the Vinny's Cafe,
Rt 29 North, Harris Teeter shopping center

VADA-CH Clinc with Helen George
June 21st @ Wavertree Hall Stables, Afton, VA

